College & Career Readiness
A MONTHLY NEWSLETTER THAT HIGHLIGHTS COLLEGE MAJORS, TRADES, AND THE MILITARY

COMMUNICATIONS
The study of human interaction and expression. Understand how to use oral, written, and multimedia communication to persuade, inform, educate, & entertain others.

BUILDING CONSTRUCTION
Explore the trades. A journey into a successful career in Building Construction.

SENIOR MILITARY COLLEGES
For those individuals who aspire to be in the military and receive higher education, military colleges would be a great fit!

FEELING STRESSED?
Did you know that you can learn to manage stress which will lead to a happier, healthier life? Here are some tips to help you keep stress at bay.

More information on: 10 Ways to Prevent & Relieve Stress
College Major: Communications
If you are fascinated by how you might influence, entertain, and inform others by creating the best possible media content for an audience, a communications major may be right for you. Here are some helpful web sites about Communications:

- Making the decision to major in Communications
- Building skills & going beyond your comfort zone
- Best jobs for Communications majors

Trade: Building Construction
Pursuing Building Construction allows an opportunity to start benefiting from your enthusiasm for engaging and hands-on work. Whether you pursue a skilled trade or some other type of role within this industry, you can be confident that the skills you develop are useful and highly valued. Check out these websites:

- The History of Building Construction
- Construction and Building Schools
- Construction Technology at CCBC

Military: Military Colleges
For those students who aspire to get military training and earn a college degree, there are a number of colleges in the United States that are designed to pursue military and educational goals simultaneously. Check out these websites for more information:

- What are the Military Colleges? Should you go?
- Association of Military Colleges & Schools of the United States (AMCSUS)
- What to expect at military college