

# College & Career Readiness

A MONTHLY NEWSLETTER THAT HIGHLIGHTS COLLEGE MAJORS, TRADES, AND THE MILITARY



College Major

## COMMUNICATIONS

The study of human interaction and expression. Understand how to use oral, written, and multimedia communication to persuade, inform, educate, & entertain others.

Trades

## BUILDING CONSTRUCTION

Explore the trades. A journey into a successful career in Building Construction.

Military

## SENIOR MILITARY COLLEGES

For those individuals who aspire to be in the military and receive higher education, military colleges would be a great fit!



## FEELING STRESSED?

Did you know that you can learn to manage stress which will lead to a happier, healthier life? Here are some tips to help you keep stress at bay.

More information on: [13 Ways to Prevent & Relieve Stress](#)

## College Major: Communications

If you are fascinated by how you might influence, entertain, and inform others by creating the best possible media content for an audience, a communications major may be right for you. Here are some helpful web sites about Communications:

[Making the decision to major in Communications](#)

[Building skills & going beyond your comfort zone](#)

[Best jobs for Communications majors](#)



## Trade: Building Construction

Pursuing Building Construction allows an opportunity to start benefiting from your enthusiasm for engaging and hands-on work. Whether you pursue a skilled trade or some other type of role within this industry, you can be confident that the skills you develop are useful and highly valued. Check out these websites:

[The History of Building Construction](#)

[Construction and Building Schools](#)

[Construction Technology at CCBC](#)



## Military: Military Colleges

For those students who aspire to get military training and earn a college degree, there are a number of colleges in the United States that are designed to pursue military and educational goals simultaneously. Check out these websites for more information:

[What are the Military Colleges? Should you go?](#)

[Association of Military Colleges & Schools of the United States \(AMCSUS\)](#)

[What to expect at military college](#)

